

Community Resources Burnaby & Vancouver

PLEASE NOTE: This list is a sample of services and businesses you may choose to contact. We cannot recommend any single one over another. We have tried to make sure that information is correct and up-to-date but information may not be correct. We apologize for any inconvenience.

Updated Jan 31, 2017

BURNABY HOSPITAL

OCCUPATIONAL THERAPY DEPT

3935 KINCAID STREET

BURNABY, BC V5G 2X6

TEL#: 604-431-2857

FAX: 604-431-2821



fraserhealth

Better health.
Best in health care.

Community Resources Information

HEALTH	
College of Physicians & Surgeons of BC (GP's accepting new patients)	www.cpsbc.ca 604-733-7758
HealthLink BC (Speak to a nurse, dietitian, pharmacist or health services representative for non-emergency health info and advice.)	811
LifeLine (Fraser Health) *English Only Burnaby, New Westminster, Port Moody, Port Coquitlam, Anmore, Maple Ridge, Pitt Meadows & Langley Delta.....604-946-1121 ext 783268 Abbotsford, Mission, Chilliwack & Hope....604-854-5991 or toll free at 1-888-969-1818	604-517-8617
Lifeline (Providence, Holy Family) *200 Languages	604-872-5433
MOBILITY	
Red Cross Medical Loan Cupboard (need note from medical professional)	604-709-6600 604-522-7092 Burnaby 604-301-2566 Vancouver
MEAL DELIVERY/SERVICES	
Western Meals on Wheels – Vancouver & Richmond	604-732-7638
Chinese Meals on Wheels – Vancouver & Richmond	604-733-6615
Meals on Wheels - Burnaby	604-299-5754
Meals on Wheels – New Westminister Seniors Services Society	604-520-6621
Seniors Services Society	604-524-0516
Jewish Family Agency (Kosher Meals)	604-257-5151
Better Meals	604-299-1877
Citizen's Support Lunch Program (Community Kitchen)	604-294-7980
DENTAL (Lower Cost)	
UBC Dental	604-822-2112
East Side Walk-In	604-254-9900
Reach Clinic	604-254-1331
NUTRITION/GROCERY SHOPPING	
Citizen's Support Services Shop by Phone for Burnaby	604-294-7980
Vancouver Coastal Health Shopping Program for Vancouver	604-709-6402
Dairyland Home Service * free delivery	604-421-4663 www.morethanmilk.ca

Community Resources Information

Safeway – Deliver to your home after in store ordering – various locations in Burnaby only	
Save On Foods – Home Delivery or Pickup (on line only)	shop.saveonfoods.com
Superstore Click & Collect – Pickup (on line only)	shop.superstore.ca
HOUSEKEEPING/HOME SERVICES	
Consumer Care Maids	1-800-550-1102
Mini Maid Cleaning Service	604-522-9611
Molly Maid	1-855-223-5851
Life Maid Easy	604-682-6243
HOME SUPPORT AGENCIES	
Comfort Keepers	1-844-860-2273 (toll free)
Bayshore Home Health	604-739-7454
Classic Caregivers	604-263-3621
Paramed Home Care	604-520-3813
Drake Medox Home Care	604-877-0690
Home Instead Senior Care	604-432-1139 1-800-640-3914
Nurse Next Door	1-866-571-9997
WeCare	1-866-729-3227
HOUSING	
Senior’s Services Society – Housing Information (New Westminster)	604-520-6621
BC Housing *Refers your to SAFER (rent subsidy for low income seniors)	604-433-2218
Progressive Housing Society	604-522-9669
Tenant Resource & Advisory Centre	604-255-0546
SOCIAL	
Citizen’s Support *Various Social Programs	604-294-7980
Burnaby Seniors Outreach Services	604-291-2258
Seniors South Asian Friendship Society at Edmonds Community Centre	604-297-4838
Seniors Bureau	604-524-0516
Confederation Centre	604-294-1936
CAREGIVER ASSISTANCE	
Caregiver Support Program (Vancouver Coastal Health)	1-877-520-3267
Caregiver Support Program (North Shore)	604-982-3320

Community Resources Information

Burnaby Family Caregivers Project	604-291-2258
Caregiver Support Program, Seniors Come Share Society	604-531-9400 ext 27
Tri-Cities Caregiver Support Program dementiasolutions.ca	778-789-1496
Burnaby Seniors Outreach Society	604-291-2258
Ace Domestic Caregiver Support	604-321-2778
TRANSPORTATION	
Burnaby Community Services – Seniors Transportation	604-299-5778
SHARE Family and Community Services (Tri-Cities)	604-937-6991
Senior Services Society (New Westminster residents only)	604-520-6621
Bus Pass – Translink information	604-953-3333
HandyDart – Access Registration	604-953-3680
Taxi Saver	604-953-3680
SPARC BC – Disabled Parking Permits	604-718-7733
Driving Miss Daisy	604-723-7247
FINANCIAL/LEGAL/MEDICAL	
Service BC	604-660-2421
Service Canada *Old Age Security and Pension Information	1-800-277-9914
Health Insurance BC *Medical Services and Pharmacare	604-683-7151
VETERAN’S AFFAIRS	
Information Line Regarding Pension and Benefits	1-866-522-2122
ALCOHOL AND DRUG	
Alcoholics Anonymous Vancouver	604-434-3933
24-hour BC Alcohol and Drug Information and Referral Service	604-660-9382
SERVICES FOR NEW CANADIANS	
Burnaby Multicultural Society	604-431-4131
Options Community Services -Translation & Interpretation Fee for Services. www.options.bc.ca	604-572-4060
Immigrant Services Society of BC	604-684-2561
HEALTH SERVICES	
Continuing Care – (Home Care Nursing, Home Care Rehab, Case Management) Home Health Service Line (Fraser Health Authority....1-855-412-2121	
Vancouver Coastal Central Intake Line: 604-263-7377	