

## **CLUBHOUSE REFERRAL FORM**



15877 Pacific Avenue White Rock, BC V4B 1S8 Phone: 604-536-3480 Fax: 604-535-1058

New Member Information			
Name (person requesting service): (Please Print)	Date of Birth: (DD/MM/YYYY)	My gender is:	
	PHN:	My pronouns are:	
Home Address: Phone #:			
Email Address:	☐ I am also interested in	Preferred method of contact:	
	participating in virtual/online		
☐ I consent to receiving information by email	clubhouse services	_ Phone _ Text _ Email	
Self Identified Cultural or Ethnic Group: (Check more than one if necessary)			
☐ First Nations ☐ White ☐	Filipino 🗆 South Asian	□ Black	
☐ Metis ☐ Arab ☐	Latin American   Southeast As	ian 🗆 Chinese	
☐ Inuit ☐ West Asian ☐	Korean 🗆 Japanese	□ Other	
Referral Source Information			
Referring source name and role	Best form of contact	Length of relationship with referred	
· ·		member	
		☐ 0-3 Months ☐ 3-12 Months	
		□ >12 months	
Other Supports and Housing			
Other important members of my healthcare team or community services include: (Occupational Therapist, Recreation Therapist, WorkBC, Support groups, Counsellor, Family doctor, Case manager, Vocational Counsellor)			
Supports I have in my personal life include: (Family members, friends, spiritual or religious connections, neighbours, pets)			
In an emergency please contact			
Name Relation	shipPh	one number	
Type of housing Alone Family Supported housing program Roommate or Friends Other			
Recovery and Wellness Information			
What areas of your life would you like support in? (Check more than one if necessary)			
☐ Mental health ☐ Going of and wellness your co	out into   Volunteering, education, or wo	$\hfill\Box$ Fun and recreation $\hfill$	
☐ Spirituality and ☐ Friends personal growth family	and $\square$ Personal relationships	☐ Home and life skills	
☐ Physical health ☐ Finance	es $\Box$ Technology skills	□ Other	
Do you have a goal that you are working on, or you would like to start?			
bo you have a goal that you are working on, or you would like to start:			
☐ Yes My goal is			
□ No I would like help with this. I am interested in:			



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CONNECTIVATIONS			
What might make connecting with clubhouse difficult?			
(e.g., transportation, language, childcare, meeting new people or going to	new places)		
Other important health information			
(e.g., mental and physical health challenges, allergies, specific needs)			
Maintaining Mental H	ealth and Wellness		
<u> </u>			
What are some supports or skills that help you with your m			
(Counselling, time with friends and family, mindfulness, WRAP, spiritual pr	actices, yoga, walking, art, writing, spending time outside)		
Have wight the alighbores to an linear when you are not for	line montally well 2 (= 1)		
How might the clubhouse team know when you are not feeling mentally well? (Talking more or less, changes in mood, moving around more or less, not showing up, spending more money than usual, changes in my routine)			
moving around more or less, not snowing up, spending more money than	usuai, changes in my routine)		
What are a strong data halo as Maria and a sure to a			
What can our team do to help you if you need some extra support?			
I understand that by signing this referral, I am also authorize	ing the mental health centre/referral source and the		
clubhouse team to exchange relevant information as the ne	ed arises to support an integrated team approach. This		
authorization expires when membership to the clubhouse p	rogram ends.		
Signature of member	Signature of referral source		
Date (DD/MM/YYYY)			

## Cultural or Ethinc Groups Examples include:

**Chinese**: Chinese and Taiwanese

South Asian: Indian, Bangladeshi, Punjabi, Sri Lankan, Bengali, Pakistani, Nepalese, Sinhalese, Tamil

Black: African, Nigerian and Somali

Latin American: Chilean, Costa Rican, Mexican, Brazilian

Southeast Asian: Vietnamese, Cambodian, Malaysian, Laotian, Indonesian, Thai

Arab: Egyptian, Kuwaiti, Libyan, Iraqi, Lebanese, Algerian, Moroccan, Palestinian, Saudi Arabian, Syrian

West Asian: Afghan, Assyrian, Iranian, Armenian, Georgian, Israeli, Kurd, Pashtun, Turkish

Visible Minority Other: Pacific Islander, Polynesian, Guyanese

Multiple Visible Minorities: more than one visible minority