

## **CLUBHOUSE REFERRAL FORM**



**New Frontier Clubhouse** 9803 140 ST Surrey, BC V3T 4M4 Phone #: (604)581-6177 Fax #: (604)583-7970

New Member Information			
Name (person requesting service): (Please Print)	Date of Birth: (DD/MM/YYYY)	My gender is:	
	PHN:	My pronouns are:	
Home Address:		Phone #:	
Email Address:	☐ I am also interested in participating	Preferred method of contact:	
	in virtual/online clubhouse services		
I consent to receiving information by email		_ Phone _ Text _ Email	
Self Identified Cultural or Ethnic Group: (Check more than one if necessary)			
☐ First Nations ☐ White	☐ Filipino ☐ South Asian	n 🗆 Black	
☐ Metis ☐ Arab	☐ Latin American ☐ Southeast A	Asian   Chinese	
☐ Inuit ☐ West Asian	☐ Korean ☐ Japanese	□ Other	
Referral Source Information			
Referring source name and role	Best form of contact	Length of relationship with referred	
0		member	
		□ 0-3 Months □ 3-12 Months	
		□ >12 months	
Other Supports and Housing			
Other important members of my healthcare team or community services include:  (Occupational Therapist, Recreation Therapist, WorkBC, Support groups, Counsellor, Family doctor, Case manager, Vocational Counsellor)			
Supports I have in my personal life include: (Family members, friends, spiritual or religious connections, neighbours, pets)			
In an emergency please contact			
Name Relationship P		hone number	
Type of housing Alone Family Supported housing program Roommate or FriendsOther			
Recovery and Wellness Information			
What areas of your life would you like su	pport in? (Check more than one if necessa	ıry)	
	g out into Uolunteering, community education, or we	$\qed$ Fun and recreation ork	
☐ Spirituality and ☐ Frien personal growth famil	ds and $\square$ Personal y relationships	☐ Home and life skills	
☐ Physical health ☐ Finar	nces    Technology skills	o Other	
Do you have a goal that you are working on, or you would like to start?			
☐ Yes My goal is			
☐ Yes My goal is			
☐ No I would like help with this. I am interested in:			



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What might make connecting with clubhouse difficult?		
(e.g., transportation, language, childcare, meeting new people or going to new places)		
Other important health information		
(e.g., mental and physical health challenges, allergies, specific needs)		
Maintaining Mental Health and Wellness		
What are some supports or skills that help you with your mental health?		
(Counselling, time with friends and family, mindfulness, WRAP, spiritual practices, yoga, walking, art, writing, spending time outside)		
How might the clubhouse team know when you are not feeling mentally well? (Talking more or less, changes in mood,		
moving around more or less, not showing up, spending more money than usual, changes in my routine)		
What can our team do to help you if you need some extra support?		
I understand that by signing this referral, I am also authorizing the mental health centre/referral source and the		
clubhouse team to exchange relevant information as the need arises to support an integrated team approach. This		
authorization expires when membership to the clubhouse program ends.		
Signature of member Signature of referral source		
Date (DD/MM/YYYY)		

## <u>Cultural or Ethinc Groups Examples include:</u>

**Chinese:** Chinese and Taiwanese

South Asian: Indian, Bangladeshi, Punjabi, Sri Lankan, Bengali, Pakistani, Nepalese, Sinhalese, Tamil

Black: African, Nigerian and Somali

Latin American: Chilean, Costa Rican, Mexican, Brazilian

Southeast Asian: Vietnamese, Cambodian, Malaysian, Laotian, Indonesian, Thai

Arab: Egyptian, Kuwaiti, Libyan, Iraqi, Lebanese, Algerian, Moroccan, Palestinian, Saudi Arabian, Syrian

West Asian: Afghan, Assyrian, Iranian, Armenian, Georgian, Israeli, Kurd, Pashtun, Turkish

Visible Minority Other: Pacific Islander, Polynesian, Guyanese

Multiple Visible Minorities: more than one visible minority