

CLUBHOUSE REFERRAL FORM



22718 Lougheed Highway,	Maple Ridge BC	V2X 2V6	Tel: 604-467-0544	Fax:

22718 Lougheed High	way, Maple Ridge BC V2	X 2V6 Tel: 604-4	467-0544 Fax: 604-677-6649				
New Member Information							
Name (person requesting service): (Please Print)	Date of Birth: (DD/MM/YYYY)		My gender is:				
	PHN:		My pronouns are:				
Home Address:			Phone #:				
Email Address: I am also interested in particip in virtual/online clubhouse ser 			Preferred method of contact:				
 I consent to receiving information by email 			_ Phone _ Text _ Email				
Self Identified Cultural or Ethnic Group: (Check more than one if necessary)							
First Nations White	🗆 Filipino	South Asian	□ Black				
Metis Arab	Latin American	Southeast As	sian 🗆 Chinese				
🗆 Inuit 🗆 West Asian	□ Korean	Japanese	Other				
	Referral Source Info	rmation					
Referring source name and role	Best form of contact		Length of relationship with referred member				
			□ 0-3 Months □ 3-12 Months				
			>12 months				
	Other Supports and	Housing					
Other important members of my healthcare team or community services include: (Occupational Therapist, Recreation Therapist, WorkBC, Support groups, Counsellor, Family doctor, Case manager, Vocational Counsellor)							
Supports I have in my personal life include: (Family members, friends, spiritual or religious connections, neighbours, pets)							
In an emergency please contact							
Name Relat	ionship P		hone number				
Type of housing Alone Family Supported housing program Roommate or Friends Other							
Recovery and Wellness Information							
What areas of your life would you like su	pport in? (Check more th	nan one if necessa	ry)				
	-	Volunteering, education, or wo	 Fun and recreation 				
Spirituality andFrienpersonal growthfamil		Personal relationships	Home and life skills				
Physical health	nces	Technology skills	G Other				
Do you have a goal that you are working on, or you would like to start?							
Yes My goal is							
No I would like help with this. I am interested in:							



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Changing lives together What might make connecting with clubhouse difficult? (e.g., transportation, language, childcare, meeting new people or going to new places) Other important health information (e.g., mental and physical health challenges, allergies, specific needs) **Maintaining Mental Health and Wellness** What are some supports or skills that help you with your mental health? (Counselling, time with friends and family, mindfulness, WRAP, spiritual practices, yoga, walking, art, writing, spending time outside) How might the clubhouse team know when you are not feeling mentally well? (Talking more or less, changes in mood, moving around more or less, not showing up, spending more money than usual, changes in my routine) What can our team do to help you if you need some extra support? I understand that by signing this referral, I am also authorizing the mental health centre/referral source and the clubhouse team to exchange relevant information as the need arises to support an integrated team approach. This authorization expires when membership to the clubhouse program ends. Signature of member Signature of referral source Date (DD/MM/YYY)

Cultural or Ethinc Groups Examples include:

Chinese: Chinese and Taiwanese

South Asian: Indian, Bangladeshi, Punjabi, Sri Lankan, Bengali, Pakistani, Nepalese, Sinhalese, Tamil Black: African, Nigerian and Somali

Latin American: Chilean, Costa Rican, Mexican, Brazilian

Southeast Asian: Vietnamese, Cambodian, Malaysian, Laotian, Indonesian, Thai

Arab: Egyptian, Kuwaiti, Libyan, Iraqi, Lebanese, Algerian, Moroccan, Palestinian, Saudi Arabian, Syrian

West Asian: Afghan, Assyrian, Iranian, Armenian, Georgian, Israeli, Kurd, Pashtun, Turkish

Visible Minority Other: Pacific Islander, Polynesian, Guyanese

Multiple Visible Minorities: more than one visible minority