Communication Update



May 25th, 2023

Sent on behalf of the Fraser Health Integrated Long-Term Care and Assisted Living Services

REMINDER Palliative Approach to Care & Consults: Referral Process for LTC Owned & Operated and Affiliated

- For all Palliative Care approach or end of life consultation requests, please ensure these consults go directly to the Long Term Care (LTC) Clinical Nurse Specialist (CNS) via Strata Pathways first.
- The LTC CNS will collaborate with the care community and Palliative Care program consult team as needed.
- For your reference, please see attached geographic CNS assignment and consult document.
- If you have any questions or feedback please reach out to your geographic LTC CNS.

REMINDER Cultural safety and humility educational opportunities to all affiliate partners in long-term care and assisted living

- The Fraser Health Aboriginal Health program has provided a list of resources supporting cultural safety and humility training that are available to you and your staff.
- The courses offered are a mix of online-self paced learnings, readings, videos, and a longer session that is taken as part of a cohort.
- Sessions are no-cost (with the exception of the <u>San'yas program</u>) and you do not require a Fraser Health email for access to the training.

• (Online, self-paced)

- o <u>Introduction to Indigenous Health</u>: The Introduction to Indigenous Health module will guide you through some foundational information about Indigenous peoples in Canada. Additionally, this module will prompt your thinking about how self-reflection and recognition of power imbalances in health care can affect culturally safe service delivery.
- o San'yas: \$300 to take the course. Click link for details and learning objectives.

• (Online, instructor-led)

- o <u>Indigenous Cultural Safety 101Indigenous Cultural Safety 101</u>. Click link for more details.
- Indigenous Cultural Safety Lunch and Learn Series: These are rotating topics around Indigenous cultural safety, including Indigenous culture. They are only one hour from 12-1pm

Suggested readings:

- In Plain Sight Report (Summary) In Plain Sight Report (Full)
- Remembering Keegan
- In Their Own Words (Video/Interviews of Residential School and Indian Hospital Survivors)
- Nanaimo Indian Hospital Survivor: Melven (Sxwen) Jones (The video is the main focus)