

Care Plan for Tenants with COVID-19 in Assisted Living

Collaboration Between AL Community Health Nurse (CHN) and AL Site Nurse When There is a Tenant with Positive COVID-19

Topic	Nurse Actions/Needs	Notes/Comments	Date/Initial
Review MOST	<input type="checkbox"/> Ensure MOST is up to date and on client's fridge <input type="checkbox"/> Ask tenant/family to connect with Most Responsible Physician (MRP) to discuss their wishes		
End of Life	<input type="checkbox"/> Consult with AL CHN to make referral to Home Health palliative team <input type="checkbox"/> Follow processes recommended by team		
Infection Prevention & Control	<input type="checkbox"/> If screening is positive, Isolate tenant as soon as possible <input type="checkbox"/> Review AL Infection Control Toolkit (Respiratory Outbreak protocols sections) <input type="checkbox"/> Review Fraser Health COVID-19 Resource Toolkit: AL Screening Algorithm, Swabbing Processes, PPE Education, training NP swabs for nurses, FH AL COVID-19 updates <input type="checkbox"/> Review supplies (PPE, swabs)		
Hydration	<input type="checkbox"/> Monitor fluid intake/output (e.g. check meal trays, asking tenant about voiding, checking continence products etc.) <input type="checkbox"/> Use fluid intake/output sheet as indicated		
Medications	<input type="checkbox"/> Review tenant's supply of medication (e.g. expiration dates, supply etc.) <input type="checkbox"/> Review best possible medication history		
Dyspnea, Hypoxemia, Cough	<input type="checkbox"/> Consult with Community Respiratory Services as required <input type="checkbox"/> Ensure tenant has sufficient oxygen supplies (e.g. O2 tanks, nasal prongs) <input type="checkbox"/> If tenant has an order for oxygen 1 to 6 L/min use nasal prongs. <input type="checkbox"/> If tenant has an order for 5 to 10 L/min use O2 mask. N95 respirator is required for aerosol-generating procedures (AGP). Refer to AGP standard operating procedures. <input type="checkbox"/> Ask MRP to change nebulizers to metered-dose inhaler to decrease aerosols		

Original: April 2020. Revised December 2020.

Approved by LTC-AL Coordination Centre: December 22, 2020

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Pain Management	<input type="checkbox"/> Review PRN medications and connect with MRP as needed (e.g. request PRN medications to be changed to regular doses when LPN not available) <input type="checkbox"/> Use PAIN scale and monitor pain behaviors		
Mobility/Skin	<input type="checkbox"/> Encourage mobility and ensure mobility equipment is in place <input type="checkbox"/> For bedbound tenants: obtaining hospital bed, establish a turning schedule <input type="checkbox"/> Monitor skin changes (reddened/open areas, incontinence, dry skin etc.)		
Behavioural change	<input type="checkbox"/> Track behavioural changes to determine underlying causes, risks & interventions <input type="checkbox"/> Rule out/treat delirium – Use Confusion Assessment Method (CAM) Tool <input type="checkbox"/> Monitor signs and symptoms of infection (e.g. pneumonia, UTI, and sepsis)		
Psychosocial needs	<input type="checkbox"/> Observe, listen & validate verbal & non-verbal communications re: worries, fears <input type="checkbox"/> Use technology to connect tenant with family or spiritual care etc. if requested		
Other	<input type="checkbox"/>		

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