

Cover your coughs and sneezes to stop the spread of germs

Respiratory Etiquette



Cover your mouth and nose with a tissue when coughing and sneezing

Throw your used tissue away into the garbage



No tissue? Cough or sneeze into your elbow or upper sleeve. Do not cough or sneeze into your hands.



Clean your hands with soap and water or alcohol-based hand rub



We may ask you to put on a mask