

Gastrointestinal illness across Fraser Health community and acute care sites

What's Happening?

- There is an **increase in viral gastrointestinal illness (GI)** across Fraser Health communities and in acute care sites.
- **Vomiting and diarrhea** are the primary symptoms of GI.

How This May Affect You?

- Wash your hands with **soap and water** after providing care to GI patients and before eating and drinking.
- Always wear a medical mask while on the unit, except when eating or drinking.
- Frequently clean your work space with disinfectant wipes.
- Do not have open or shared food in your break room and keep it clean and free of clutter. Break room best practices are [here](#).
- Enhanced cleaning may be requested by Infection Prevention and Control for certain areas (e.g., GI alert or outbreak).
- Ensure visitors are asked about recent vomiting and diarrhea and discouraged from visiting if they report them
- All visitors visiting a patient on additional precautions should be educated on the proper use of PPE.

Questions?

Please contact your site Infection Prevention and Control team.