## **Keeping You Informed**



June 20, 2023

# Trauma Care in Long Term Care & Assisted Living Advisory Committee Recruitment

#### What's Happening?

Stress in the workplace is an important concern with trends observed in the context of the COVID-19 pandemic that has potential to result in provider burnout, secondary traumatic stress, and deteriorating mental health. Workplace stress is connected to the quality of care.

Recognizing and appropriately managing previous and new psychological trauma in care home residents is important for quality of life and requires a high degree of person-centred and relational care.

Long Term Care (LTC) and Assisted Living (AL) requires a coordinated approach in order to implement Trauma Resiliency Informed Practice (TRIP).

Fraser Health, in partnership with other stakeholders, created a core Trauma Resiliency Informed Practice (TRIP) curriculum that includes a facilitator development program. The core program requires adaptation to meet our population and staff needs.

#### **How This May Affect You?**

- Seeking 2-3 representatives from the north, south and east care communities to participate as advisors around trauma care in older adults
- Multi-disciplinary representation preferred (nurses, HCAs, allied health etc.)
- This is a time-limited advisory committee. The first meeting will be held in August

### **Questions?**

Email your expression of interest to Anita.wahl@fraserhealth.ca by July 4th, 2023